

POST OPERATIVE INSTRUCTIONS FOR COMPOSITE RESTORATIONS

1. Sensitivity is usually most noticeable the first 12-24 hours after the anesthetic wears off. **Treat the tooth like a wound.**
2. Sensitivity, especially to cold, is common for a few days following a dental filling.
3. Gum tissue could have been irritated during the procedure and may be sore for a few days together with the anesthetic injection site.
4. The filling is fully set and ready to eat when you leave the office. Please be careful eating until the anesthetic wears off so you don't bite your lips, cheeks, or tongue.
5. Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks, or tongue which causes serious tissue damage.
6. The finished restoration may be contoured slightly differently and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.
7. If after a week or two, your teeth feel they do not touch correctly please call the office. This problem can be solved with a quick adjustment to the filling. **Please come into the office if the filling feels high in a week's time, do not prolong.**
8. Fillings do not last forever. Like a new set of tires, fillings can wear and breakdown. Proper brushing and flossing are recommended to help you retain your fillings. Having your Periodic Exam and x-rays every 6 months along with professional cleaning will help prolong the life of your fillings.

**If you have any questions or concerns, please call/ Text our office at (661)
829-7905**

**GATEWAY FAMILY DENTISTRY
13029 Stockdale Hwy, Suite #100
Bakersfield, CA 93314**